



Aldinga Bay Surf Life Saving Club

2020-21 Junior Parents' Handbook

Version #1 - October 2020



My heroes aren't the kind that save the world,
but they did save my life.

CONTENTS

<u>Welcome to Aldinga Bay Surf Life Saving Club</u>	<u>3</u>
<u>New Memberships</u>	<u>3</u>
<u>Why Nippers?</u>	<u>3</u>
<u>Mission Statement</u>	<u>3</u>
<u>Philosophy</u>	<u>3-4</u>
<u>Duty of Care</u>	<u>4-5</u>
<u>Safeguarding Children & Young People</u>	<u>5-6</u>
<u>Heat Policy</u>	<u>7</u>
<u>Cost Involved in being a Nipper</u>	<u>7</u>
<u>Nipper Training</u>	<u>7-8</u>
<u>Use and Care of Equipment</u>	<u>8</u>
<u>Parental Involvement</u>	<u>8-9</u>
<u>Surf Education</u>	<u>9</u>
<u>Tiny Tots U6/U7</u>	<u>9</u>
<u>Instructional / Manual Awards</u>	<u>10</u>
<u>Competitions and Carnivals</u>	<u>10-11</u>
<u>Junior Committee Management</u>	<u>11</u>
<u>Who to Contact within Aldinga Bay SLSC</u>	<u>11-13</u>
<u>2019 – 2020 Nippers Season Program</u>	<u>14-15</u>
<u>SLSA Members Portal</u>	<u>14-15</u>
<u>Nipper Forms</u>	<u>15-19</u>
<u>Any Other Info Needed?</u>	<u>19</u>

WELCOME TO ALDINGA BAY SURF LIFE SAVING CLUB.

To all new members we extend a warm welcome to you and look forward to getting to know you throughout the season and to our returning nipper families, welcome back, we are excited to have you join us for another season.

The information in this handbook is designed to assist you through the 2020/2021 season and answer any questions you may have regarding how we run our Junior Program.

NEW MEMBERSHIPS

Although membership growth is a key objective, the club reserves the right to cap Nipper numbers to ensure our duty of care obligation is met. Existing members will be given first option to renew membership, with new member acceptance considered based on age group numbers and resourcing. Applications may be placed on a waiting list in the interim.

WHY NIPPERS?

From a Surf Club's point of view, the majority agree the involvement of children in Surf Lifesaving is aimed at learning surf safety and surf skills and of course, increasing Senior membership and Patrol involvement at a later stage. Did you know that 86% of elite Iron Persons have come from Nipper ranks? 83% of children join Nippers because of family involvement or their friends are involved or because they live close by. Children most like making friends, catching waves and swimming. So why do parents encourage children to be in Nippers?

Most parents state:

1. To learn important skills, resuscitation, surf safety.
2. To have fun with other children.
3. To benefit and enjoy surf competitions, teamwork and sportsmanship.
4. To enjoy a fit and healthy lifestyle

MISSION STATEMENT

To provide a safe, caring environment where children can develop their surf lifesaving and competitive skills whilst enjoying the experience.

PHILOSOPHY

1. That all involved in the club (children, parents and helpers) have the right to enjoy the experience and this enjoyment should not be at the expense of any other member
2. That children should be encouraged to participate and compete to the best of their ability.
3. A child's best is good enough and improvement should be seen as the primary goal. If improvement is seen as a way to win, more children can gain from competition.

Example: A child may come first in a race yet not produce his/her best. A child may have come last, yet this may be the first time the child has completed the event. Under certain criteria the child who came first was a winner. If improvement is the primary goal, then the child who completed the course for the first time, yet coming last, also a winner.

4. Children should be encouraged to participate with a high level of sportsmanship. Skills coaching and competition should never promote or tolerate cheating.

5. No child is more important to the Club than another and no child or family deserves preferential treatment over any other. There is only one class of membership.
6. All competition should contain a skill development component. There is no sense in a child practising mistakes. Coaches and helpers should set out to improve a child's skill and knowledge every time he competes.
7. Competition is only part of Junior Activities and should not receive an excessive amount of available time especially at the expense of appropriate lifesaving skills development as outlined in the awards programme.
8. No child should be placed under excessive or unrealistic pressure (by coaches or parents) to perform in competition.
9. Fun (not to be mistaken for fooling around) is a key goal. Every activity should have an enjoyment component.
10. Discipline and correction is based on the philosophy that it is the action that is wrong and that needs modification not the person.

Example: "John, throwing sand is not something Nippers do. Please stop now." Is correcting the inappropriate action. "Stop that, you disruptive little grub" is correction based on personal attack.

Competitions, Lifesaving Knowledge, Skills Development and Sportsmanship. In an environment of sun and cooperation

The key philosophy and emphasis is for nippers to enjoy the experience in the hope that one day they will patrol our beach. When children enjoy their sport, team spirit and friendship translate to success at the competitive level. While everyone enjoys success, we work hard to ensure that it is never at the expense of enjoying their nipper experience.

Our goal is to ensure that by the time the juniors are ready to graduate from Under 13's, they are ready to undertake their Surf Rescue Certificate and have a strong desire to continue into senior ranks. We hope that your child enjoys Nippers so much that they and you share our goal. We also believe that the discipline of preparation for the saving of lives will help in the moulding of your child's character.

DUTY OF CARE

Duty of Care is a principle established in civil law in which one person owes another the duty to take reasonable care for the other's safety and wellbeing. A Duty of Care is owed to every Aldinga Bay Surf Life Saving Club Nipper by Surf Life Saving South Australia, the Aldinga Bay Surf Life Saving Club and its officials including the Age Group Leaders.

The Duty of Care exists at all times that the Official/Team Member relationship exists e.g. at training, when competing at other clubs' beaches, when on camps, in accommodation or travelling. The test currently used by Courts is that an official must not only avoid potential injury creating activities, but also take such positive measures that are in all circumstances reasonable to prevent injury.

A breach of Duty of Care will occur if an official fails to act in accordance with the standards required in a given circumstance. The standard will vary according to such factors as the age and experience of the Nipper, the nature of the activity, the nature of the environment in which the activity takes place etc.

Officials should be aware of the dangers and risks that are likely to face Nippers involved in an activity and take steps to adequately supervise and minimize those risks. Following the acceptance of a role as a team official, that official should provide the standard of care expected of a competent leader for that activity. It is expected that an official accepting such a role would observe the standards of safe practice established by community bodies knowledgeable in that activity.

SAFEGUARDING CHILDREN & YOUNG PEOPLE

Aldinga Bay SLSC is committed to the safety & wellbeing of every child and young person who takes part in our activities, programs, events and services.

The Club's Child Safe Officer's (CSO's) :

Male:	Mark Tracey	0405 086 945
Female:	Lilian Fowles	0414 342 933

The following members are currently Club Reporting Officers who have undertaken training from Surf Life Saving South Australia.

Ashley Sanders	0418 823 244
Simon Rothwell	0417 812 619
Ray Tomlinson	0419 840 445
Jodie Pain	0400 997 767

In addition, you may contact the
Child Abuse Report Line (CARL):131478
Police: 131444

Any member, including Nippers, who witnesses or are subjected to any incident which they feel is inappropriate or makes them feel uncomfortable in any way should discuss that matter with one of the Club Reporting Officers above.

All parents who assist with Nippers in any capacity, whether mandatory or voluntary, are required to apply for a Volunteer Working with Children Check. This process is free of charge to volunteers via the DHS Screening Unit. For further information on how to obtain this free check please see: <https://screening.sa.gov.au/>

All parents who assist with Nippers are also required to undertake the free online 'Safeguarding Children & Young People' training offered by SLSA. You can undertake this via the SLSSA Members Portal: <https://members.sls.com.au> If you do not have your own member account, please create one accordingly.

From the 'eLearning' page, select 'Training Library' from the top right menu. Then select 'SLS – Safety and Wellbeing'. This will then open the 2 Safety and Wellbeing courses. You are welcome to undertake both courses, but the one relevant for this purpose is the 'SLS – Safeguarding Children and Young People Awareness Course'

For further information, please see: <https://sls.com.au/safeguarding/> or contact the Junior Coordinator or one of the CSO's.

SAFEGUARDING CHILDREN & YOUNG PEOPLE – COMMITMENT STATEMENT



Commitment to Safeguarding Children and Young People

Safeguarding Children and Young People



Aldinga Bay Surf Life Saving Club:

- is committed to the safety and wellbeing of every child and young person who takes part in our activities, programs, events or services
- is committed to providing children and young people with a positive and nurturing experience
- will support families and the community to promote the healthy development and wellbeing of all children
- will strive to ensure that children and young people are protected from abuse and harm
- will work to create an environment in which children and young people are safe and feel safe at all times
- will listen to children and young people and address any concerns that they raise with us
- will support our members and the community to report any suspicion, or concern in relation to the mistreatment, or potential mistreatment, of a child or young person
- will challenge inappropriate behaviour of any of its members or members of the community
- will ensure all children and young people, no matter what cultural ethnicity, language, religion or disability, shall be able to participate in surf lifesaving in a fun and safe environment
- will appoint a Member Protection Information Officer, or equivalent, and ensure this person is trained on the obligations and responsibilities with respect to safeguarding children and young people
- will strive to ensure that persons in a position of authority do not harm, abuse or exploit children or young people who are involved within our club
- may not ask for consent to disclose information to police or an external child protection agency in the event we have concerns about the safety or wellbeing of a child or young person.

As part of our commitment to safeguarding children and young people, our club:

- is committed to supporting parents and carers to protect their children and young people
- will offer assistance that builds on a family's strengths and make up, is sensitive to their culture and religious beliefs and empowers them to meet the changing needs of their children and young people
- is committed to communicating honestly and opening with parents and carers about the wellbeing and safety of their children and young people
- will promote and distribute information to parents and carers about our safeguarding commitment to children and young people as part of an introduction to our club
- endeavours to be transparent in our decision-making, with parents and carers, as long as doing so does not compromise the safety of a child/young person or breach the SLSA Privacy Policy.

This commitment was endorsed and approved by our club on:

Club President

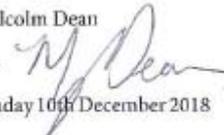
Name: Paul Hibbird

Signature: 

Date: Monday 10th December 2018

Club Secretary

Name: Malcolm Dean

Signature: 

Date: Monday 10th December 2018



HEAT POLICY

In keeping with the club's duty of care we have a heat policy based around the SLSSA and Sports Medicine Australia guidelines. If at the Bureau of Meteorology website (www.bom.gov.au) forecasts Saturday's maximum temperature at Noarlunga as;

Greater than 33°C – No Tiny Tot program

Greater than 35°C – Water Activities only

Greater than 37°C – all training cancelled

Decision will be made at 4pm Friday and communicated on the club Facebook page / via text if cancelled.

COST INVOLVED IN BEING A NIPPER

2020/21 Season Junior Membership	\$210 / 1 child + 1 parent \$295 / family (includes 2 parents + dependants living under one roof) – extra \$10 per extra child
Hi-Vis vest	\$27 (mandatory)
Club Cap	\$15 (mandatory)
Club Bathers	Boys \$35 / Girls \$50
Club Rash Vest	\$50 (long sleeve)
Club Long Sleeved shirt	\$36.00
Broad Brimmed Hat	\$20.00
Surf Education material	Provided by club
Competition	Paid by Competitor

* Clothing pricing is subject to change per supplier cost.

NIPPER TRAINING

Training days are the foundation of all junior activity. Whether it is award training, the learning of basic surf skills or training for competition, training days are a time of great activity.

Aldinga Bay Surf Life Saving Club train weekly, both at the pool and at the beach as follows:

POOL TRAINING

Day: School terms Thursday evening

Time: 6:00pm ~ 7:00pm

Venue: Noarlunga Aquatic Centre

Swim training is conducted under the tutelage of accredited Level 1 coaches. NOTE: This is not learn to swim lessons but is swim training designed to improve the swimming skills of proficient swimmers. The minimum requirement to attend this is ability to swim 25m unaided.

This training is voluntary, and parents are responsible for paying pool entry, but the coaching comes at no cost.

CLUB TRAINING

Saturday afternoon 2-4pm (2-3.30 for tiny tots)

Tuesday evenings 5-6pm (beach events) 6-7pm (water events)

Club training only during the 'nipper' season.

All children are encouraged to enter the water and learn basic surf skills. Parental involvement is very important to persuade those children who are not so confident into suitable, safe water-based events.

Nippers is not a child-minding service and all parents are expected to attend and assist at every Saturday's beach training session.

The minimum requirement for Water Safety coverage is 1 Bronze/SRC qualified member per 5 children. However, parents who are not proficient with a Bronze Medallion or Surf Rescue Certificate cannot act as water safety but will be welcome to undertake one of the other myriads of tasks required to make the training session successful.

Parents are required to sign their child or children on and off with the age group leader at the start and end of the training session. When signing off, their parent or their pre-arranged nominee must be present and advise the age group leader of their intention to take their child. The child is to remove their cap, thereby indicating that they are no longer in the care of the Surf Life Saving Club.

BEACH TRAINING REQUIREMENTS

ABSLSC mandates "Sun-Smart" protection with each Nipper required to bring the following equipment to the club for each training day.

- Rash top (Club top preferred) to be worn under Hi-Vis vest
- Aldinga Bay Skull Cap
- Bathers (club preferred), no board shorts
- Long sleeved shirt
- Wide brimmed hat
- Swim goggles (optional - recommended)
- Beach Towel
- Drink bottle filled with water.
- Sunscreen applied

USE AND CARE OF EQUIPMENT

Training and competition equipment is very expensive both to purchase and repair. Nippers are only permitted to use club equipment that is deemed by SLSSA as appropriate to their age group and then only when it is under the agreement and supervision of their age group leader.

U6 & U7 (Tiny Tots)	Small Foam Boards
U8, U9 & U10	Fin Foam Nipper Boards
U11, U12 & U13	Short Fibre Glass Nipper Boards

Boards should be carried, not dragged. They must be laid fin up on the grassed area adjacent to the patrol deck and washed in fresh water and returned to the board rack at the completion of usage. All nippers must have a signed board agreement before they can use the boards. Board agreement is at the end of this handbook.

PARENTAL INVOLVEMENT

Parental involvement is an important value of our club and in particular Nippers.

Age Group Leadership, Assistants, and Fundraising are general activities in all junior sports; however, surf lifesaving gives parents the additional opportunity to achieve personal qualifications and goals in addition to supporting their children and contributing to the club in general.

The Nipper program cannot operate as a childcare service and requires at least one parent in attendance during Nipper training activities, for personal support and assistance with the running of the program.

Parents, as registered financial members, are covered by insurance during all club activities.

Parent members are invited to gain their Surf Rescue Certificate (SRC) or Bronze Medallion to become a Water Safety Officer, of which we need one for every 5 juniors. Only qualified and proficient members are allowed in the water for insurance reasons.

Officials are also needed at carnivals to assist running the events. The qualification is gained by a simple test for rules and practical experience. Courses for coaching are also available through the SLSSA. Any committee person will assist if you are interested.

Non active awards are also available for Resuscitation, First-Aid, Advanced Resuscitation and Radio Officer.

Aside of formal lifesaving qualifications, parents are also encouraged to actively support or become age group leaders, which in turn can release Bronze medallion holders for water cover.

Other volunteer roles required by Parents are assisting with the Nippers BBQ each Saturday which is an integral part of fundraising for Juniors. The club also run BBQs at Bunnings a few times a year and need assistance for these also.

Another way to help the club is by being involved in fundraising events such as the nipper pool catch up, chocolate drive. Participating in as many fundraising events as possible ensures the successful running of our club both now and in the future.

SURF EDUCATION

Surf Education requires all age groups to undertake preliminary examinations before any training activity occurs.

Except for U6/7's all age groups are expected to do the RUN-SWIM-RUN test which will contribute to their Surf Ed. Certificate.

It is part of our "Duty of Care" to ensure that this minimum standard of survival can be met before there is any involvement in junior activity training or competition.

Surf Education is designed to teach children surf safety and prepares them for further learning opportunities in senior Surf Life Saving including Bronze Medallion, Resuscitation and First Aid.

The Surf Education curriculum is described within the Age Managers handbook and is continually assessed by the Age Group Leader. Once all assessment criteria has been met, the candidate's name is forwarded to Surf House formalising the award.

A child that joins the club at an age higher than U8 will be fast tracked through the content of lower level to their current age level.

TINY TOTS U6/U7

Aldinga Bay SLSC conduct a modified U6 / U7 (Tiny Tots) program. Unfortunately, with the one on one water cover requirement mandated by Surf Life Saving SA, water-based activity will be limited pending resources.

INSTRUCTIONAL/MANUAL AWARDS

Preliminary Evaluation

Every junior member is required to participate in this evaluation, conducted by the club, prior to any junior water activity training or competition being undertaken. It can be undertaken in any water environment. This is the minimum requirement to participate at SA Junior Carnivals for beach and wade events only.

Age Group	Survival Float	Swim
Tiny Tots	Aided float	Glide to stand
Under 8	1 min	25 m any stroke
Under 9	1 min	25 m any stroke
Under 10	1:30 min	25 m any stroke
Under 11	2 mins	50 m any stroke
Under 12	2 mins	100 m any stroke
Under 13	3 mins	150 m any stroke

Competition Skills Evaluation

Any junior member wishing to participate in swim/board events at carnivals must successfully complete the following swim in an ocean/open water environment prior to competing...

The minimum requirements are:

Age Group	Swim
Tiny Tots	Not applicable
Under 8	150m any stroke
Under 9	150m any stroke
Under 10	150m any stroke
Under 11	250m any stroke
Under 12	250m any stroke
Under 13	250m any stroke

Surf Education Awards

Aldinga Bay Surf Life Saving Club will follow the Surf Education Program as follows:

Age Group	Surf Education Standard
Under 6	Surf Play 1
Under 7	Surf Play 2
Under 8	Surf Aware 1
Under 9	Surf Aware 2
Under 10	Surf Safe 1
Under 11	Surf Safe 2
Under 12	Surf Smart 1
Under 13	Surf Smart 2 + Resuscitation

Criteria for nomination for SLSSA Nipper of the Year award are available from SLSSA. Nominations are made by the Junior Committee.

Criteria for ABSLC nipper club awards are based on competency, sporting ability and results, participation and attitude and are agreed by the Junior Committee.

COMPETITIONS AND CARNIVALS

Aldinga Bay SLSC encourages participation in competition to achieve and maintain high levels of fitness and for the promotion of the Surf Lifesaving movement, however, competing is not mandatory.

There are 4 carnivals for season 2020//21 and then STATE TITLES (only nippers who have competed in carnivals can attend State Titles) and any Nipper who wishes to compete will be given every opportunity to do so. SLSSA requires competing nippers to have achieved a minimum competency level in selected events and this will be tested by Age Group Leaders before entering any nipper for carnivals. Hi-Visibility Vests & Skull Caps are mandatory.

Date *	Event *	Venue *
15 Nov 20	Jnr Carnival #1	Seacliff
13 Dec 20	Jnr Carnival #2	Grange
31 Jan 21	Jnr Carnival #3	Glenelg
21 Feb 21	Jnr Carnival #4	Normanville
20 - 21 Mar 21	Jnr States Day 1/2	Seacliff

*Dates and locations correct at the time of publication

Junior Carnivals are for U8 – U13. Carnivals are all listed on the SLSSA Calendar: <http://www.surflifesavingsa.com.au/calendar>

Nippers are expected to act in a manner becoming a member of Aldinga Bay SLSC and to follow any reasonable instruction from an age group leader or other club official attending that carnival. Information regarding conduct of junior carnivals including detailed description of events is held at the club and is also contained in the Surf Life Saving Competition Manual. The information also includes codes of conduct for fair play, parents, coaches, helpers, players, officials, spectators and administrators

MID COAST CHALLENGE

Sunday 17th January 2021 @ Port Noarlunga SLSC 8.30am – 12.30pm. This event also raises funds for all the mid coast surf clubs.

If you have any questions regarding competitions and carnivals, please discuss them with the Junior Coordinator.

JUNIOR COMMITTEE MANAGEMENT

In accordance with the club's constitution, a Junior Activities committee is formed annually from persons interested in the wellbeing of junior members. The Annual General Meeting for the election of committee members is held at the ABSLSC club rooms in advance of the club AGM.

The Junior Activities Committee then holds monthly meetings in order to manage affairs specific to junior activities. Meetings are generally scheduled for 7pm on the first Monday of each month to allow feedback to the Club Committee meeting held on the second Monday of each month.

A notice of meeting will be advertised in the monthly Club Newsletter, on the club Facebook page and also on the club notice board.

WHO TO CONTACT WITHIN ALDINGA BAY SLSC

JUNIOR COMMITTEE

Junior Coordinator:	Lilian Fowles	0414 342 933
Junior Co-Coordinator	Clare Ellis	0407 577 418
Secretary:	Vacant (Lilian)	
Treasurer / Clothing Coordinator:	Ruth Dolphin	0407 799 130
Youth Dev Coordinator:	Lilian Fowles	0414 342 933
Fundraising / Nipper BBQ Coord:	Janet Steegh	0433 416 541
Junior Gear Steward:	Brenton Neville	0414 312 871
Competition Officer	Vacant (Lilian)	

Members: Monja Plagemann, Susan Neville, Gail Deguet, Jason Russell, Chris White, Mark Pearce, Jessica Mason

abslscjuniors@gmail.com.au

2020 – 2021 AGE GROUP LEADERS

Please note that Age Group Leaders can change throughout a season as these are volunteer roles.

Age Group	Age Group Leader	Age Group Assistant
Tiny Tots (U6/U7)	Lilian Fowles	Chloe Klingner / Chris White
Under 8	Kristi Bedford	Hayley Fowles
Under 9	Benn Thomas	Michael Riding / Kate Hunt
Under 10	Amy Neville	Tan Tran
Under 11	Emily Fowles	Ruby Carpenter / Trea Paech
Under 12	Brenton Neville / Mark Tracey	Moses Gray / Daniel Scadden
Under 13	Brenton Neville / Mark Tracey	Moses Gray / Daniel Scadden

If you would like to contact any of the Age Group Leaders, please liaise through the Junior Coordinator in the first instance. If you are interested in becoming an Age Group Leader, please also contact the Junior Coordinator.

BOARD OF MANAGEMENT

President		Paul Hibbird 0417 815 287 Hibby03@bigpond.com
Vice President		Simon Rothwell 0417 812 619 rockhardptyltd@bigpond.com
Secretary		Lorraine Rosenberg 0458 141 091 abslsc.secretary@gmail.com
Treasurer / Registrar		Gaynor Holman 0408 842 006 abslsc.treasurer@gmail.com
Club Captain		Andrew Meyer 0407 714 910 andrew.meyer@internode.on.net
Junior Chair / Youth Development Coordinator / Child Safe Officer		Lilian Fowles 0414 342 933 fowlesla@bigpond.com
Junior Co-Chair		Clare Ellis 0407 577 418 rojo_clare@hotmail.com
Publicity Officer		VACANT
Vice-Captain of Competition / House Manager / Boat Captain		Peter Symons 0413 316 328 peter1955@adam.com.au
Vice-Captain of Patrols		Andrew Bedford 0435 597 644 andy.bedford04@gmail.com
Committee Member		Keith Holman 0448 683 821 keithholman@hotmail.com

CLUB OFFICERS

Craft Captain		Brenton Neville 0414 312 871 nevs9195@hotmail.com
Inshore Rescue Boat Captain		Scott Axton 0421 349 961 axton5@adam.com.au
Gear Steward		Andrew Bedford 0435 597 644 andy.bedford04@gmail.com
Child Safe Officer Male		Mark Tracey 0405 086 945 javetracey@gmail.com
Child Safe Officer Female		Lilian Fowles 0414 342 933 fowlesla@bigpond.com
Members Rep Female		Michelle Miles 0447 219 969 michellemiles13@yahoo.com.au
		Wilma Mace 0408 830 873 wilma.mace@y7mail.com
Club Chaplain		Daniel Scadden 0428 181 179 danielscadden@hotmail.com
Club Youth Chaplain		Kiara Bedford Contact via Daniel Scadden, Club Chaplain or Lilian Fowles, Youth Development Coordinator/Junior Chair
Training Officer		Nathan Amos 0425 323 065 nathan.amos@iinet.net.au
Radio Officer		VACANT
Race Secretary		VACANT
Members Rep Male		VACANT
First Aid Officer		VACANT
Environmental Officer		VACANT
Mobile Officer		VACANT

2020 – 2021 NIPPERS SEASON PROGRAM

2020 - 2021 Nippers Program				
Saturday	Sunday	Saturday Nipper Training (2pm - 4pm - tiny tots 2-3.30)	Carnival Training	State Carnivals (7.00am - 3.00(ish)pm)
17/10/2020		1st session of season - Proficiencies		
24/10/2020		WK 1 Program & Proficiencies		
31/10/2020		WK 2 Program		
7/11/2020		WK 1 Program		
14/11/2020		WK 2 Program	12.30 - 1.30pm	
	15/11/2020			Junior Carnival 1 Location TBA
21/11/2020		WK 1 Program		
28/11/2020		WK 2 Program		
5/12/2020		WK 1 Program		
12/12/2020		WK 2 Program	12.30 - 1.30pm	
	13/12/2020			Junior Carnival 2 Location TBA
19/12/2020		Last session for year - Fun Day		
26/12/2020		CHRISTMAS BREAK		
2/01/2021		CHRISTMAS BREAK		
9/01/2021		WK 1 Program: 1st session of year		
16/01/2021		WK 2 Program	12.30 - 1.30pm	
	17/01/2021			Mid Coast Community Challenge, Port Noarluga
23/01/2021		WK 1 Program	12.30 - 1.30pm	
30/01/2021		WK 2 Program		
	31/01/2021			Junior Carnival 3 Location TBA
6/02/2021		Club Champs		
13/02/2021		WK 1 Program	12.30 - 1.30pm	
20/02/2021		WK 2 Program		
	21/02/2021			Junior Carnival 4 Location TBA
27/02/2021		WK 1 Program: Club Champs back up		
6/03/2021				
13/03/2021		Last session for season - Fun Day		Senior States Day 1
20/03/2021				Junior States Day 1 Location TBA
21/03/2021				Junior States Day 2 Location TBA
27/03/2021		Juniors Presentation Dinner		

20 sessions

5 sessions: note other training sessions for comp nippers will be organised

NOTE: Swimming at the Noarlunga Pool occurs every Thursday night during the school term from 6pm - 7pm, all nippers that can swim 25m on their own are able to attend, as this is coaching, not learn to swim classes

NOTE: Beach Training for all Nippers Tuesday nights 5pm - 6pm

NOTE: Board Training for all Nippers U8 - U13 (that have passed all their proficiencies) Tuesday nights 6pm - 7pm at the Club

SLSA MEMBERS PORTAL

The members' portal is a great way to keep up with information from Surf Life Saving SA. You can track your patrol hours, check your club membership (renewals can also be done via the portal), keep updated with news and information and you can also undertake all theory training in relation to SLS and a lot of it is free! To access the members portal, please click on the following link:

https://members.sls.com.au/SLSA_Online/modules/login/index.php

If you are already a member, you can login from this page. If you do not have a members account, you can create one from this page.

Please note, you must be a member of a surf club to create an account.

There are also many policies and procedures located in the Members Portal Document Library such as:

- Member Protection Policy
- Social Media Policy
- Privacy
- Photography

Plus, many more

NIPPER FORMS

The following pages contain nipper specific forms over and above the registration form:

- Media Form: only required if you do not agree with dot point 8 of the standard membership declarations: <https://forms.gle/p4jUybCzx3rW6hLE7>
- Health Form: only required if a nipper has health requirements that will impact on their activities at nippers: <https://forms.gle/bqCm9Cc1xXDD4pFD9>
- Board Agreement: mandatory for all nippers U8-U13 to use a board for nipper training: <https://forms.gle/kA3eeGsDtv5WkNGX8>
- 2020 State Government Sports Voucher: https://www.sportsvouchers.sa.gov.au/data/assets/pdf_file/0013/27301/2020Voucher.pdf

Please note that the health and media consent forms will not be followed up by the club. It is the responsibility of the parent/guardian to provide this detail if it is required.

No nipper from U8 – U13 will be able to use a nipper board if they have not had a board agreement completed.

ALDINGA BAY SLSC - Media Form

PLEASE NOTE that in accordance to the SLSA MEMBERSHIP APPLICATION AND DECLARATION you have signed to be a member of SLSA and the Aldinga Bay Surf Life Saving club, you have acknowledged and agreed to the following:

8. Use of image: I consent to the relevant SLS Organisation(s) of which I am a member, using my name, image, likeness and also my performance in or of any SLS Activity at any time to promote the Objects of the relevant SLS Organisation(s), by any form of media. I waive any rights I might have to or in such use of my name, image or likeness by the relevant SLS Organisation(s).

This form only needs to be completed if you would like to exempt your nipper/yourself from this Media consent. If this form is not completed, the 'Use of Image' agreement as per the SLSA Membership Application & Declaration is used.

I give my permission for information / photos / or other media images of myself and/or my child to be published in the:

Club Newsletter Yes / No (please circle one)

Club Website Yes / No (please circle one)

Local Media (eg. Newspaper) Yes / No (please circle one)

Club Facebook / Instagram Yes / No (please circle one)

SLSA Website/Facebook Yes / No (please circle one)

Members Names this covers (Parent/s and Child/ren):

.....

Parent / Guardian (if under 18):

.....

(Name & Signature)

Date:

.....

Or complete this form online: <https://forms.gle/p4jUybCzx3rW6hLE7>

PLEASE NOTE: This form only needs to be completed if your nipper has any health issues that Aldinga Bay SLSC needs to be aware of in relation to the Nippers Program.

Surf Life Saving SA

HEALTH INFORMATION



GIVEN NAMES _____ SURNAME _____ DATE OF BIRTH _____

MEDICAL CONDITIONS

Does your child have any medical condition or health problem? YES / NO

If "YES", please give details of the medical/health problem: _____

Are you aware of any medical emergency which could occur? YES / NO

If "YES", please give details:

Precautions to avoid emergency _____

How to recognise emergency _____

Emergency treatment required _____

MEDICATION

Does your child take any prescribed medication (including inhalers)? YES / NO

If "Yes", please give details:

Medication Name _____

Dose _____

When Taken _____

How Taken _____

Any side effects _____

Note: Any medication needed during camp should be handed to an instructor on arrival, with written notes of your child's name, medication, dose, etc.

Has your child received a complete course of Tetanus Toxoid immunisation? YES / NO

Check details with your doctor if uncertain. Date of last booster _____

PARENTS SIGNATURE _____ DATE _____

Or complete this form online: <https://forms.gle/bqCm9Cc1xXDD4pFD9>

PLEASE NOTE: This agreement must be signed before nippers can use club boards at training. This excludes Tiny Tots who only use boards with 1 on 1 instruction by an age group manager.

Nipper Board Agreement and Care Instructions

- Wash your board with fresh water after use as salt residue can deteriorate the finish on your board over time.
- Dragging your board in the sand will wear the paint and fiberglass away. If you're a dragger, ensure that your board is protected in the drag area by taping the area.
- Your board is not a seat. Please do not sit on it whilst it is on the sand or you will damage your board or the fin.
- Wet your board every 20-30 minutes to cool it.
- On windy days secure your board down or lay it into the prevailing wind.
- Transport and store your board in a protective cover (if transporting a club board)
- When transporting on roof racks use "flat" tie down straps in preference to rope.
- Wash the board thoroughly with fresh, clean water after every use – pay attention to the handles.
- **Don't leave the board in the sun or in places where temperatures rise such as a car. Delamination can and will occur – especially at carnivals.**
- **When the board is on the beach but not in use leave the board deck down, fin up. For extended periods try to put the board in the shade or wet the board at regular intervals to keep it cool.**
- Don't sit or stand on the board while on the beach.
- If the board has been damaged do not continue to use the board – advise your age group manager immediately so it can be taken to a professional to repair as soon as possible.

Members Names this Board Agreement covers (Parent/s and Child/ren):

.....

- **I have read and understood the board care instructions and will abide by them and agree to take utmost care of any club boards that I use.**

Parent / Guardian

.....

(Name & Signature)

Date:

Or complete this form online: <https://forms.gle/kA3eeGsDtv5WkNGX8>

